There is increasing recognition of the role of inheritance in myeloid malignancies. Differentiating germline from somatic variants in a hematologic malignancy is challenging but important. Oncology nurses need to be knowledgeable about the germline risk associated with myeloid malignancies; the inherited risk is well established and has implications for affected individuals as well as family members who may be at risk for malignancy themselves or who are being evaluated to serve as a related donor for allogeneic hematopoietic stem cell transplantation.

#### AT A GLANCE

- Germline predisposition in myeloid malignancies has the potential to affect risk identification, disease management, and allogeneic stem cell donor selection
- It is essential to sample nonhematopoietic tissue to distinguish somatic variants from germline; this typically requires a skin biopsy for fibroblast culture and DNA extraction.
- Oncology nurses must be aware of germline predisposition in myeloid malignancies and collect a thorough family and personal history, including nonmalignant history (e.g., bleeding disorders), so that appropriate and timely referral to a genetics expert can occur for individuals and families.

### KEYWORDS

germline; genomics; inherited predisposition; myeloid malignancy

**DIGITAL OBJECT IDENTIFIER** 10.1188/21.CJON.519-522

# Myeloid **Malignancies**

Recognizing the risk of germline predisposition and supporting patients and families

Patricia Friend, PhD. APRN-CNS, AOCNS®, AGN-BC, and Suzanne M. Mahon, DNS, RN, AOCN®, AGN-BC, FAAN

n 2016, the World Health Organization (WHO) classification of myeloid neoplasms was updated to include a category of myeloid neoplasms with germline predisposition (Hasserjian, 2018). Since completion of the Human Genome Project in 2003, scientific and DNA sequencing advances have transformed the diagnosis and treatment of myeloid malignancies from being based solely on histopathology and morphology (how the transformed cells look under a microscope) to including molecular and genetic features. The 2016 WHO classification reflects these advances, classifying myeloid types based on the numerous identified oncogenic somatic variants (i.e., genetic changes that are acquired or sporadic). However, this article will focus on the germline pathogenic gene variants that predispose an individual toward developing a myeloid malignancy. It is critical to recognize and identify these variants not only because of their impact on patient prognosis and management, but also because many acute myeloid neoplasms will require allogeneic hematopoietic stem cell transplantation (HSCT). The presence of a germline pathogenic variant in a related but unaffected donor can lead to poor or failed engraftment and donorderived leukemia (Sakata et al., 2021).

## **Prevalence and Epidemiology**

Historically, there has been a perception that hereditary hematologic syndromes affect only pediatric patients. Indeed,

the prevalence of hereditary hematologic malignancy is higher in the pediatric population and estimated at 4%-13% (Akpan et al., 2018), but it is now known that at least 5% of adult patients with a myeloid disorder, such as acute myeloid leukemia or myelodysplastic syndrome, carry inherited pathogenic gene variants that predispose them toward a myeloid malignancy (Akpan et al., 2018; Rafei & DiNardo, 2019). Pathogenic germline variations in the RUNX1 gene were first identified and linked to an inherited predisposition for hereditary myeloid malignancy in 1999 (Akpan et al., 2018). Since then, both the WHO and National Comprehensive Cancer Network (NCCN, 2021) clearly identify familial syndromes with genes associated with a predisposition syndrome (Arber, 2019). Heightened awareness and advances in genomic screening for the identification of germline pathogenic variants will result in increased identification of patients and unaffected family members who harbor germline pathogenic variants.

### Screening and Identification of a True Germline Variant

It is well established that myeloid malignancies are stratified by risk and that risk is based on the presence of genetic abnormalities (e.g., complex karyotype or multiple cytogenetic alterations, somatic driver gene variants). In the diagnostic workup of a newly diagnosed myeloid malignancy, it is important to identify the biomarkers (genomic alterations)