Structured DVD Education

Impact on teaching satisfaction and anxiety among patients with leukemia and lymphoma and their family members

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BACKGROUND: Many factors can interfere with a patient’s ability to cope with a new cancer diagnosis. The method of education delivery may improve satisfaction with teaching and reduce anxiety. Structured DVD education combined with other teaching methods has shown positive results. However, few such studies have included family members.

OBJECTIVES: The purpose of this study was to evaluate the impact of structured DVD education versus standard one-on-one education on satisfaction with teaching and on anxiety among patients newly diagnosed with leukemia and lymphoma and their families.

METHODS: A post-test randomized controlled trial study design evaluated the effects of structured DVD education compared to standard one-on-one education.

FINDINGS: Family members in the intervention group had higher satisfaction with teaching than those in the control group; this difference was found to be statistically significant.

KEYWORDS teaching method; DVD education; oncology education; leukemia; lymphoma

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