Acute promyelocytic leukemia (APL) was first described by Hillestad (1957) as a fatal disease with an aggressive course and short duration. Pathologically, the disease was characterized by numerous promyelocytes in the blood and bleeding tendencies from a low fibrinogen level and platelet count. Since that time, multiple events have occurred in clinical practice and scientific medicine that have revolutionized the diagnosis and treatment and improved the prognosis for APL, with most patients now being cured from this once-fatal disease (Degos, 2003).

This article provides the oncology nurse with an overview of APL, including the epidemiology and pathophysiology that distinguishes APL from other types of acute leukemia. Clinical presentation and diagnostic workup for patients suspected of having APL will be reviewed, as will the treatment course. Nursing implications and management will be provided for possible treatment complications specific to APL, including coagulopathies, differentiation syndrome, and QT prolongation with the use of arsenic trioxide, as well as several complications that can occur in any patient with leukemia, such as infection, hyperleukocytosis, tumor lysis, and increased intracranial pressure.