Self-assessment tools can help nurses identify and clarify their knowledge deficits. Galbraith, Hawkins, and Holmboe (2008) defined this as a broad process of self-directed assessment that is initiated and driven by the individual and is used for ongoing improvement. Nurses also can use self-assessment tools to improve their competence and enhance safe nursing practice. Currently, no universal or standardized tool exists for the self-assessment of oncology nurses’ knowledge.

A self-assessment can be an essential first step in evaluating competence. Therefore, to guide nurses in self-directed learning, the primary author developed a reflective self-assessment tool to assist in the self-discovery process and promote continuing competence. This article describes the development and initial implementation of the tool and how it helps oncology nurses to assess their competence and identify areas for further education and training.

Organizational Recommendations

The American Nurses Association (ANA, 2007) stated that nurses are expected to be self-directed learners and to identify their own educational needs. Self-directed learning is a process in which individuals take the initiative to diagnose their learning needs, formulate goals, identify resources, select and implement strategies, and evaluate outcomes (Moyer & Wittman-Price, 2008). The ANA recognized that all nurses have the responsibility to evaluate their own knowledge and skills and seek learning activities to increase their knowledge and competence, especially in areas of known deficiency.

The Oncology Nursing Society’s (ONS’s) position statement on quality cancer care addresses the responsibilities and roles of professional oncology nurses in providing competent, high-quality care (ONS, 2009). Oncology nurses are “professional nurses who are competent in the essentials of oncology nursing care who regularly update their oncology knowledge base and skill set” (ONS, 2009, “Professional Oncology Nursing Services” section). The position is in congruence with the ANA’s statements and solidifies the importance of continuing competence and self-directed learning in the profession of oncology nursing.