**Oncology Myths and Legends**

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### Can Tattoos Cause Cancer?

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**Myth:** Tattooing has risen in popularity, but can this body art increase the risk of cancer?

**Answer:** Tattoos and body piercings have been prevalent for thousands of years in many cultures. Tattooed mummies from Egypt, Peru, and the Philippines have been radiocarbon dated to 2000 BC. The word *tattoo* is derived from the Tahitian word *ta-tau*, which means “the result of tapping.” Modern artists use an electrically powered instrument to inject tattoo pigment 50–3,000 times per minute to a depth of about a 64th to a 16th of an inch into the dermis (Armstrong & Murphy, 1997). The instruments use sets of one to 14 vibrating needles (Sperry, 1992).

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**Tattoo Procedures and Regulations**

Tattooing is an invasive procedure. Although licensed artists use sterile, disposable needles, tattooing sometimes is performed in unsterile environments, such as commercial studios, flea markets, rock concerts, and fraternity parties. As a result, tattooing can cause infections, including hepatitis and AIDS. Depending on the skill of the artist and choice of pigment and diluents, allergic reactions and poor cosmetic results may be potential outcomes and should be a consideration for risk. Vegetable dyes and carbon have been used for tattoo pigment in the past; current colorants include azo pigments (which are used in automobile paints and silk screening), vegetable dyes, minerals, metals, and plastics. Solvents that liquefy powdered pigments (ethanol, denatured alcohol, or distilled water) are used at artists’ discretion (Helmenstine, 2002).

Impurities in pigments may cause adverse skin reactions. Colorants also may be transported to other parts of the body, such as the lymph nodes (Moehrle, 2002). The administration of azo dye has been studied in rats when used as a food coloring (Cook, Griffin, & Luck, 2009). The administration of azo dye decreased the amount of riboflavin present in the rats’ livers. However, increasing riboflavin within the rats’ livers appeared to partially protect the liver from the carcinogenic effects of azo dye. Liver cirrhosis was detected in the rats after four weeks of azo administration. The measurable amount of dye diminished at 20 weeks, even though the dye was ingested continually (Rusch, Baumann, Miller, & Kline, 1945).

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**Pigments and Cancer Risk**

Evidence has indicated that m'-methyl-p-dimethylaminobenzene, or red azo dye (also known as red 22 or PR22), produced liver cancer in rats when used as a food coloring (Cook, Griffin, & Luck, 1949). The administration of azo dye decreased the amount of riboflavin present in the rats’ livers. However, increasing riboflavin within the rats’ livers appeared to partially protect the liver from the carcinogenic effects of azo dye. Liver cirrhosis was detected in the rats after four weeks of azo administration. The measurable amount of dye diminished at 20 weeks, even though the dye was ingested continually (Rusch, Baumann, Miller, & Kline, 1945).

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**Figure 1. Tattoo Artist Safety Guidelines**

*Note.* Based on information from Centers for Disease Control and Prevention, 2008.