EDITORIAL

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The Three Rs for Summer

I recently attended graduation ceremonies for my nursing students. My fabulous and spectacularly brilliant niece, Christina, who was a pink bundle of beauty in the newborn nursery only 10 minutes ago, also has just graduated from college. So, I am feeling reflective. I love graduation ceremonies because they can be so inspirational. One of the most unique graduation speeches that I have heard retold was by the late Bob Hope, who stood up to address the crowd and said “Graduates, it’s a cruel world out there—don’t go.” He then sat down (Moyers, 2005).

Well, most of us would like a bit more guidance in a commencement address. For me, the fact that graduations often immediately precede summer is significant timing. The feeling of excitement that the approach of summer brings undoubtedly comes from our elementary school days. The thought of three months of freedom was too tantalizing to squish one more activity into my week, then too hard. Sometimes, I am convinced that if I rather to take some time to think, stop talking and typing, and remember why I do what I do. The book that I am currently reading, Speaking of Nursing: Narratives of Practice, Research, Policy and the Profession, by Donna Diers, RN, PhD, FAAN, is a wonderful medium I hope that you will take some time for yourself, read a few good books, and relax this summer. You deserve it, and your patients will benefit from your brief respite. Then you can sit back down at your computer and send a manuscript to me. I’ll be ready for you.


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