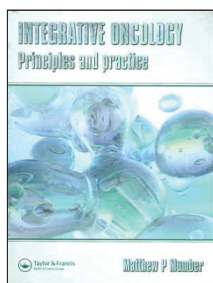


BOOKS

Integrative Oncology: Principles and Practice. Matthew P. Mumber (Ed.), London: Taylor and Francis, 2006, 517 pages, hardcover, \$269.95.



Integrative Oncology: Principles and Practice is one of the first comprehensive textbooks in this emerging multidisciplinary field. The text is written primarily for medical stu-

dents and physicians, with ready application to other health professions, including nursing. The book succeeds as a useful theoretical and practical foundation for evidence-based integrative oncology practice. The book likely will be particularly helpful for advanced practice nurses who already work in an environment that supports integrative oncology or those seeking to advocate for, plan, or develop advanced nursing practices incorporating integrative oncology services.

Section I, Principles, includes chapters that cover the principles of integrative oncology, evidence-based medicine, training in integrative medicine, self-care for oncology care providers, models of care, legal issues, and business assessment. Section II, Practice, has chapters focusing on clinical decision making, patient motivation and stages of change, integrative oncology treatment modalities, substance abuse and integrative oncology, and therapeutic approaches for specific malignancies. Experienced oncology nurses seeking in-depth knowledge of integrative oncology theory and practice who are accustomed to reading widely within and beyond nursing likely will find the entire book of interest. However, because the narrative consistently addresses medical students and physicians as readers, the book may not be the best match for undergraduate nursing students who lack the experience to sort out the content that is most applicable to nursing.

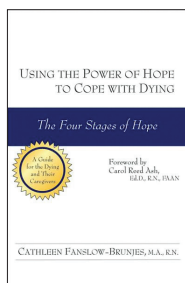
Specific malignancies for which integrative modalities are discussed in some depth include breast, prostate, lung, colorectal, and skin cancer. Treatment

modalities in integrative oncology are consistently defined and discussed in terms of physical activity, nutrition, mind-body interventions, botanicals, manual therapy, energy medicine, spirituality, and alternative medical systems. The book's consistent use of terms across chapters is an important feature in a diverse field still struggling to define its vocabulary. The terms conventional medicine, complementary medicine, alternative medicine, and integrative oncology also are defined clearly.

Mumber's book presents a systematic critique of the limitations of traditional medical approaches to oncology as well as detailed guidelines for transforming the cancer care system to actively incorporate integrative approaches. In chapter 1, Mumber presents a compelling case in support of the claim that the healthcare system in the early 21st century is experiencing a "push away from conventional medicine" and a "pull toward complementary and alternative medicine." For example, conventional medicine increasingly involves "frightening technology," whereas complementary and alternative medicine has a reassuring "hands-on approach." Mumber is convincing in his argument that integrative oncology should retain the best aspects of conventional medicine while "going beyond its limitations." In addition, the text provides clear guidelines for achieving that goal.

Gerald Bennett, PhD, APRN, FAAN, is an associate professor in the School of Nursing at the Medical College of Georgia in Augusta.

Using the Power of Hope to Cope With Dying: The Four Stages of Hope. Cathleen Fanslow-Brunjes. Sanger, CA: Quill Driver, 2008, 119 pages, hardcover, \$25.



Fanslow-Brunjes, an expert in the fields of death, dying, grief, and hospice care, presents and discusses her Hope System, a framework supported by many case studies. The Hope System consists of four stages:

hope for cure, hope for treatment, hope for prolongation of life, and hope for a peaceful death. The Hope System is holistic in addressing physical, emotional,

psychological, and spiritual aspects of a dying person's experience. The book seeks to offer practical guidelines for promoting hope in the dying and their caregivers. Fanslow-Brunjes's experience and achievements lend much credibility to her perspectives and guidance; she developed standards of nursing practice for the care of the dying that are implemented in hospitals throughout the United States. In addition, she has received many awards for exceptional contributions to the hospice movement in the United States and internationally.

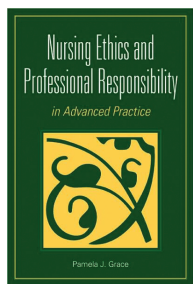
The book provides an interesting look at the evolution of Fanslow-Brunjes's career. Her work with the dying began in the late 1950s when she joined the convent of the Nursing Sisters of the Sick Poor at age 17. She graduated from a diploma school of nursing in 1964 and became a student of Kubler-Ross. Through her involvement in Krieger and Kunz's early work in therapeutic touch, Fanslow-Brunjes developed an "energy work" technique used with the dying called the "Hand Heart Connection," which is discussed in chapter 9.

"The Power of Hope in Living and Dying" prepares readers with exploratory techniques that help people uncover their thoughts and feelings about death and loss. Hope, defined as "the belief that potentials may be fulfilled," is described "as an energy manifestation of the human essence" with enormous therapeutic value. "The Four Stages of Hope" introduces the Hope System. Based on a holistic approach, the Hope System goes beyond psychological and medical models of the dying experience and emphasizes the hopes of dying people and their caregivers for cure, treatment, prolongation of life, and a peaceful death.

The book is strengthened by the author's ability to observe, record, and analyze the behaviors of the dying and her experience and commitment in caring for them. However, the evidence from which Fanslow-Brunjes draws her conclusions is limited to case studies. Given that limitation, the book provides a plausible and insightful framework for holistic care of the dying.

Rosalind Jones, DNP, APRN-BC, is an assistant professor in the School of Nursing at the Medical College of Georgia in Augusta.

Nursing Ethics and Professional Responsibility in Advanced Practice. Pamela Grace. Sudbury, MA: Jones and Bartlett, 2009, 428 pages, hardcover, \$59.95.



Advanced practice nurses (APNs) undergo extensive intellectual, clinical, and practical training to ensure the safety of their patients, and ethical competence is an essential component

in their skills repertoire. However, the acknowledged inadequacy of texts on extant bioethics and nursing ethics as appropriate resources for the mediation of complex professional and ethical issues faced by APNs provided the impetus for *Nursing Ethics and Professional Responsibility in Advanced Practice*.

Grace's underlying assumption is that practical confidence in navigating moral issues and ethical clinical decision making is facilitated and enhanced through practice in moral reasoning. Providing good care when facing ethical obstacles requires APNs to reflect critically on their nursing practices. *Nursing Ethics and Professional Responsibility in Advanced Practice* aims to equip APNs with theoretic tools to facilitate critical reflection on the ethically complex issues they encounter in daily practice. The text resulted from collaborative efforts by Grace and seven colleagues from diverse clinical practice specialties.

The text is well written, clear, and informative. Complex ethical ideas are discussed in very accessible terms. Contemporary examples from actual practice, case studies, and discussion questions make the text a suitable resource for classroom instruction. However, Grace is mindful that supplementary resources may be needed for in-depth knowledge of specialty-mediated ethical issues.

The lack of discourse on genetics-related ethical issues is a shortcoming of the text. For example, genetic screening for disease susceptibility raises concerns for patient privacy, insurability, confidentiality, and discrimination, which may impact care. APNs should be knowledgeable of those issues as well as novel concerns that may emerge from the clinical applications of genetic technologies and treatments.

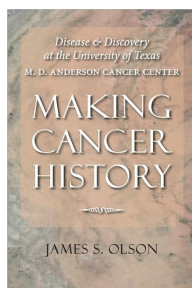
Nursing Ethics and Professional Responsibility in Advanced Practice is a solid contribution to the nursing ethics literature.

The text offers APNs an understanding of the scope and limits of their ethical responsibilities to patients and society. In addition, familiarity with the language of clinical ethics is essential for collaborative care and articulating concerns about the ethical issues APNs may face in practice.

Cheedy Jaja, PhD, MPH, MN, is an assistant professor in the School of Nursing at the Medical College of Georgia in Augusta.

NEW RELEASES

Making Cancer History: Disease and Discovery at the University of Texas M.D. Anderson Cancer Center. James S. Olson. Baltimore: Johns Hopkins University Press, expected release March 2009, 408 pages, \$35.

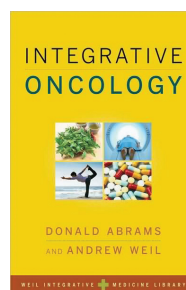


The M.D. Anderson Cancer Center is one of the first medical institutions devoted exclusively to caring for people with cancer and researching treatments and cures for the disease. Historian

James S. Olson's narrative relates the story of the surgeons, radiologists, radiotherapists, nurses, medical oncologists, scientists, administrators, and patients who founded M.D. Anderson. Through interviews with M.D. Anderson's leaders and patients, Olson illuminates the struggle to understand and treat cancer in the United States. As a cancer survivor treated at the center, Olson imbues M.D. Anderson's history with humor, passion, and humanity.

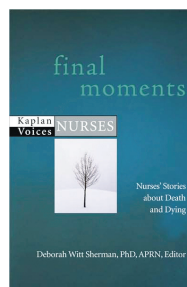
Integrative Oncology. Donald Abrams and Andrew Weil. New York: Oxford University Press, 2008, 624 pages, \$35.

People facing a new diagnosis of cancer often are unsettled by their prognoses and treatment options and seek to integrate complementary modalities into their conventional care plans to improve



their chances of cure and decrease side effects. Many do so without informing their oncologists for fear of alienation or lack of physician knowledge on complementary therapies. *Integrative Oncology* provides a wealth of information for practitioners and consumers on the emerging field of integrative oncology. Noted oncologist Donald Abrams, integrative medicine pioneer Andrew Weil, and an international panel of experts present up-to-date and extensively referenced chapters on a wide spectrum of issues and challenges. The comprehensive, reader-friendly text features key points, sidebars, tables, and a two-color design for ease of use.

Final Moments: Nurses' Stories About Death and Dying. Deborah Witt Sherman (Ed.). New York: Kaplan, 2009, \$14.95.



Twenty-five nurses from hospitals, private practices, and in-home health care tell about their experiences with death. New as well as experienced nurses discuss dealing with grief, con-

roversies about end-of-life decisions, challenges in caring for dying people, and harrowing experiences in telling family members. Edited and introduced by a registered nurse, *Final Moments* is a resource for nurses and anyone who wants to better understand death and dying.

Featured descriptions of books and other media in New Releases are provided by publishers to alert readers to recent or forthcoming resources only and have not been reviewed independently for the *Oncology Nursing Forum*. Gerald Bennett, PhD, APRN, FAAN, can be reached at pubONF@ons.org, with copy to editor at ONFEditor@ons.org.

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